

Preparedness Checklist

Water	
What to Get	What to Do
<p>Water Source</p> <ul style="list-style-type: none"> <input type="checkbox"/> Food Grade 5 Gallon Bucket (x2) <input type="checkbox"/> Water Pre Filter <p>Water Purification</p> <ul style="list-style-type: none"> <input type="checkbox"/> Water Filter <input type="checkbox"/> Container For Boiling Water <input type="checkbox"/> Water Purification Tablets <input type="checkbox"/> Plain Bleach <p>Water Storage</p> <ul style="list-style-type: none"> <input type="checkbox"/> Minimum 1 Gallon Per Person Per Day For 3 Days <input type="checkbox"/> Extra Clean Storage Containers 	<p>Water Source</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify Alternate Water Sources and How to Get Water to Your Location <p>Water Purification</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn How to Boil Water for Disinfection <input type="checkbox"/> Learn How to Use Water Purification Tabs <input type="checkbox"/> Learn How to Disinfect Water Using Bleach <p>Water Storage</p> <ul style="list-style-type: none"> <input type="checkbox"/> Identify Storage Location for Water <input type="checkbox"/> Determine Water Needs and Storage Capacity
Food	
What to Get	What to Do
<p>Short Term Food Supply</p> <ul style="list-style-type: none"> <input type="checkbox"/> 2 Months Supply – Canned Goods <input type="checkbox"/> 2 Months Supply – Frozen Foods <input type="checkbox"/> 2 Months Supply – Pasta & Dry Goods <input type="checkbox"/> Food Storage Containers – Storage Bags <input type="checkbox"/> Food Storage Containers – Jars <p>Long Term Food Supply</p> <ul style="list-style-type: none"> <input type="checkbox"/> 1 Year Supply – Rice / Grains / Pasta <input type="checkbox"/> 1 Year Supply – Sugar <input type="checkbox"/> 1 Year Supply – Salt / Spices <input type="checkbox"/> 1 Year Supply Food – Dry Beans <input type="checkbox"/> 1 Year Supply – Cooking Oil <input type="checkbox"/> Food Storage Containers – Buckets <input type="checkbox"/> Oxygen Absorbers <input type="checkbox"/> Mylar Bags <p>Food Preservation</p> <ul style="list-style-type: none"> <input type="checkbox"/> Large Pot for Water Bath Canning <input type="checkbox"/> Pressure Canner <input type="checkbox"/> Canning Jars and Lids 	<p>Short Term Food Supply</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn What Foods Freeze Well <input type="checkbox"/> Learn How to Freeze Surplus Food <input type="checkbox"/> Learn How to Store Dry Goods Using Jars and Oxygen Absorbers <input type="checkbox"/> Build up your pantry <p>Long Term Food Supply</p> <ul style="list-style-type: none"> <input type="checkbox"/> Determine which long-term foods you like and find recipes that contain your pantry items <input type="checkbox"/> Learn How to Store Dry Goods Using Buckets and Oxygen Absorbers <input type="checkbox"/> Learn how to store food in mylar bags <p>Food Preservation</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn How to Water Bath Can <input type="checkbox"/> Learn How to Pressure Can

Shelter

What to Get

What to Do

Home

- Basic Household Tool Kit
- Emergency Lighting – Lanterns
- Plastic Sheeting
- Duct Tape
- Zip Ties
- Thumbtacks
- Extension Cord
- Tools to Shut off Utilities
- Knife Sharpener / Sharpening Stone

Alternate Shelter

- Tent / Hammock
- Tent Stakes
- Tarp / Ground Cover
- Cordage (Paracord, Bank Line)
- Sleeping Bag
- Sleeping Pad
- Lantern / Headlamp
- Camp Cook Set / Mess Kit
- Multi-Tool / Camp Knife / Camp Axe

Backup Power

- Extra Batteries (Rechargeable If Possible)
- Rechargeable Power Block
- Emergency Hand Crank Radio
- Portable Solar Panel
- Portable Generator *
- Whole House Generator *
- Off Grid Energy System (Solar, Wind, Etc.) *

Home

- Learn how to do basic household repairs
- Learn how to shut off your utilities
- Have a shelter in place plan
- Have a plan for power outages depending on the season
- Learn how to heat a single room if power is out

Alternate Shelter

- Learn how to setup a tent or hammock
- Learn various ways to setup a tarp
- Learn how to process firewood
- Learn how to tie basic knots
- Learn how to use your gear to go camping
- Continually improve your camping setup
- Many items from other categories can be used for alternate shelter and camping
- Go Camping

Backup Power

- Determine your minimum power needs
- Research backup power options that would meet your needs
- Learn how to use your power options

Health & Safety

What to Get

First Aid Kit

- Basic First Aid Kit
- Dental First Aid Kit
- Additional IFAK items

Medications

- Emergency Supply Prescription Medications
- Emergency Supply OTC Medications

Hygiene

- Clean Water Supply
- 5 Gallon Bucket
- Bucket Toilet Seat and Liners
- Toilet Paper
- Camp Shower
- Travel Towels
- Wash Cloth
- Wet Wipes
- Personalize the Rest of Your Kit (Hair Care, Soap, Nail Clippers, Scissors, Etc.)

What to Do

First Aid Kit

- Get familiar with how to use your first aid kit
- Research additional items to add to your base kit

Medications

- Determine Your Most Used Medicines
- Learn about alternative medicines that could be substitutes

Hygiene

- Figure out which items you need for your kit
- Build a kit separate from items you use day to day
- Make your kit easily transportable in case of emergency

Emergency

What to Get	What to Do
<p>72 Hour Kit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Pack / Bucket <input type="checkbox"/> Fire Starting Device (Lighter, Matches, Ferro Rod) <input type="checkbox"/> Fire Starting Material (Lint, Fire Starters, Kindling) <input type="checkbox"/> Shelter Kit (tarp, sleeping bag, sleeping pad, tent / hammock, tent stakes) <input type="checkbox"/> 72 Hour Water Supply <input type="checkbox"/> Portable Water Filter <input type="checkbox"/> Water Container <input type="checkbox"/> Camp Cook Set / Mess Kit <input type="checkbox"/> Backpack Stove with Fuel <input type="checkbox"/> 72 Hours Food Supply <input type="checkbox"/> Headlamp / Flashlight <input type="checkbox"/> Multi-Tool / Camp Knife / Camp Axe <input type="checkbox"/> Cordage (Paracord, Bank Line) <input type="checkbox"/> Bandana / Cotton Material <input type="checkbox"/> Duct Tape <input type="checkbox"/> Map & Compass <input type="checkbox"/> Notepad & Pencil <input type="checkbox"/> Small Game (cards, dice, etc.) <input type="checkbox"/> First Aid Kit <input type="checkbox"/> Leather Gloves <input type="checkbox"/> Repair Kit (Zip Ties, Rubber Bands, Needle & Thread) <input type="checkbox"/> Medications <input type="checkbox"/> Compact Hygiene Kit <input type="checkbox"/> Dry Bag <input type="checkbox"/> Items For Your Specific Situation (Baby's Needs, Elderly Care, Etc.) <p>Fire</p> <ul style="list-style-type: none"> <input type="checkbox"/> Lighter <input type="checkbox"/> Matches <input type="checkbox"/> Ferro Rod <p>Safety & Security</p> <ul style="list-style-type: none"> <input type="checkbox"/> Personal Protection (Mase, Taser, Firearm, Etc.) <input type="checkbox"/> Home Security (Camera System, Trail Cam, Etc.) 	<p>72 Hour Kit</p> <ul style="list-style-type: none"> <input type="checkbox"/> Research items for your kit that meet your needs <input type="checkbox"/> Learn how to use all the items in your kit <input type="checkbox"/> Learn how to dress properly for the conditions you may encounter <input type="checkbox"/> Learn how to use a compass and map <p>Fire</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn how to start fire using various methods <input type="checkbox"/> Learn how to start fire in various weather conditions <p>Safety & Security</p> <ul style="list-style-type: none"> <input type="checkbox"/> Take a self-defense class <input type="checkbox"/> Evaluate the types of situations you may encounter in your area and plan accordingly <input type="checkbox"/> Know how to use your personal protection items

Skills	
What to Get	What to Do
<p>Gardening</p> <ul style="list-style-type: none"> <input type="checkbox"/> Book on Gardening for Your Region <input type="checkbox"/> Seeds for your region <input type="checkbox"/> Garden Tools (Shovel, Hoe, Etc.) <p>Raising Livestock</p> <ul style="list-style-type: none"> <input type="checkbox"/> Book on Raising Livestock in Your Region <input type="checkbox"/> Equipment For Livestock of Choice <p>Hunting & Fishing</p> <ul style="list-style-type: none"> <input type="checkbox"/> Hunting & Fishing guides for your state <input type="checkbox"/> Fishing Pole & Stocked Tackle Box <input type="checkbox"/> Game Appropriate Hunting Gear 	<p>Gardening</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn how to grow a plant from seeds <input type="checkbox"/> Learn how to grow a small garden <input type="checkbox"/> Talk to other gardeners around you <p>Raising Livestock</p> <ul style="list-style-type: none"> <input type="checkbox"/> Look into the types of livestock that are raised in your area <input type="checkbox"/> Talk to locals who raise the types on livestock you may be interested in <p>Hunting & Fishing</p> <ul style="list-style-type: none"> <input type="checkbox"/> Learn about the types of fishing in your area <input type="checkbox"/> Take a hunting safety course <input type="checkbox"/> Learn how to process and preserve fish and wild game from your region
Other	
What to Get	What to Do
<p>Community</p> <ul style="list-style-type: none"> <input type="checkbox"/> Make a list of contacts and phone numbers <p>Communication</p> <ul style="list-style-type: none"> <input type="checkbox"/> Emergency Radio <input type="checkbox"/> TV Antenna <input type="checkbox"/> 2 Way Radios (Walkie Talkies) <input type="checkbox"/> Ham Radio / Scanner * <p>Financial</p> <ul style="list-style-type: none"> <input type="checkbox"/> Emergency Fund (\$1000) <input type="checkbox"/> Barter Items <input type="checkbox"/> Precious Metals 	<p>Community</p> <ul style="list-style-type: none"> <input type="checkbox"/> Get to know people in your local community <input type="checkbox"/> Get your family involved <input type="checkbox"/> Help and learn from each other <p>Communication</p> <ul style="list-style-type: none"> <input type="checkbox"/> Find out your local emergency broadcast channels and try to tune them in with your devices <input type="checkbox"/> Test out your communications devices <p>Financial</p> <ul style="list-style-type: none"> <input type="checkbox"/> Come up with a plan to get out of debt <input type="checkbox"/> Start building an emergency fund <input type="checkbox"/> Learn what items could be used for barter in your area <input type="checkbox"/> Identify the skills you have that could be used for barter